

# QUEST



as the  
**Wheel  
turns**

## Easy Ways to Wheel

Giving Your Manual Wheelchair  
the Extra Push *by Kathy Wechsler*



- The ADA at 17
- College Questions
- Diagnosing Newborns
- Children's Grief

**MDA**

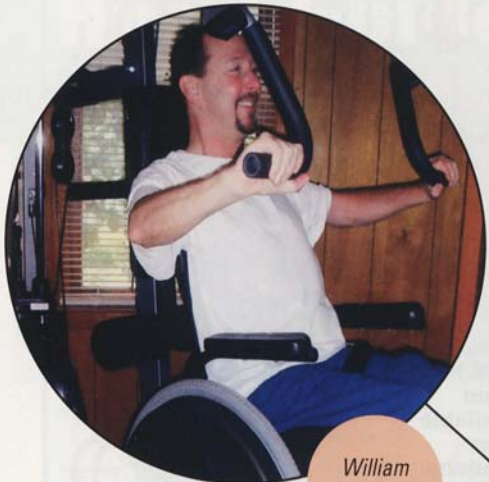
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# as the Wheel turns



## Easy Ways to Wheel Giving Your Manual Wheelchair the Extra Push

by Kathy Wechsler



William  
Beall

### Saving Energy

APDs decrease the amount of strength needed to propel your manual wheelchair, leaving you with more energy to increase your speed, or tackle ramps, hills and uneven terrain.

William Beall Jr., of Marietta, Ga., purchased his Magicwheels 2-gear wheelchair drive this year, because he wanted to go farther and faster and save some of the energy he used when wheeling his standard manual wheelchair.

Before he added the APD, Beall, 50, found that by the time he'd get to the top of the incline leading into his gym, he was burned out and couldn't get the full advantage of working out. It got to the point that he wouldn't go many places because it was too draining.

"I found out that, putting the Magicwheels in low gear, I can go up the ramp and push doors open without putting much pressure [on the hand rims] at all," says Beall, who received a diagnosis of Friedreich's ataxia (FA) at 23.

Beall's 2-gear wheels are helpful during outings to the mall or gym or to his part-time job at Target. Now, instead of putting his energy into propelling the wheelchair, he can put it into his task.



Cost:  
\$4,995

**Magicwheels**  
2-gear wheelchair  
drive  
(866) 624-4294

[www.magicwheels.com](http://www.magicwheels.com)

The built-in 2-gear mechanical gear system allows you to shift into a lower gear to tackle ramps, hills and uneven terrain.

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